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Your essential daily news | THURSDAY, JULY 28, 2016

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Track taxis, group urges

CAMPAIGN

Reports of sexual assault in cabs spur calls for GPS units



Zane Woodford
Metro | Halifax

Halifax's Taxi and Limousine Liaison Group is recommending the municipality put GPS units in all cabs and launch education campaigns after a special meeting behind closed doors Wednesday to tackle the topic of sexual assaults in taxis.

Dave Buffet, president of the Halifax Taxi Drivers Owners Association and Halifax taxi participant in the group, told Metro the group doesn't usually meet in July, but held a special meeting Wednesday with one agenda item: Sexual assaults in taxis.

The meeting, Buffet said, lasted about two hours, with two "senior police officers" present, something Buffet said was "important and unusual."

The group's first recommendation to the municipality's Transportation Stand-

ing Committee is that GPS units be installed in all cabs, something Buffet said the two police officers at the meeting told the group would make it easier for them to solve crimes.

Another recommendation is to launch two education campaigns: One for the public to urge passengers to sit in the back seat, and another to educate drivers about proper conduct with passengers.

"Because apparently in 100 per cent of these sexual assaults it was a young lady in the front," he said.

A third idea from the group requires no further approval. In the next few weeks, Buffet said taxis will be fitted with two decals each identifying their roof light numbers.

Buffet said that means a passenger would know what cab they were in if there is a complaint, "and just as importantly and perhaps more importantly, a driver can say, 'Gosh, this person knows they're in my cab because those two decals are prominently displayed and if I do something inappropriate I'm likely to be held accountable.'"

Haley Ryan's column, metroVIEWS

Kids take a picture with busker Madame Guillotine (Kate Moir) after her performance on Wednesday.
JEFF HARPER/METRO



SELFIE QUEEN

Halifax gets royal treatment at Busker Fest kickoff
metroNEWS



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CRIME

Pair faces extortion charges

Police have charged a man and a 17-year-old girl following an extortion investigation.

In a media release, Halifax Regional Police said a 22-year-old man showed up at police headquarters on May 25 to report he was receiving threatening messages from an unknown man after meeting a young female.

After a brief relationship, the man began receiving threatening messages and demands for money from the man and female.

On July 21, investigators arrested a 33-year-old man and a 17-year-old girl, both from Halifax.

The man was released on a promise to appear and is scheduled to appear in Halifax provincial court on Aug. 30.

The 17-year-old is scheduled to appear in Halifax provincial youth court on Aug. 18. METRO

HEARING

Sentencing set for man guilty of injuring infant

A Shelburne County man will be sentenced on Sept. 9 after being found guilty of leaving injuries on an infant in 2011 that left the child with disabilities.

The 28-year-old man was found guilty in Supreme Court in Shelburne last week for aggravated assault, failing to provide the necessities of life, and criminal negligence by failing to seek medical assistance. TC MEDIA

'Driver should've never been behind the wheel'

IMPAIRED DRIVING

Accused in road deaths of two people appears for arraignment



Yvette d'Entremont
Metro | Halifax

A young woman openly wept outside a Dartmouth courtroom Wednesday before and after the arraignment of a Beaver Bank man facing charges stemming from a car crash that killed two passengers.

Her friend, Danielle Hudson, was one of two passengers killed following a car crash near 2028 Beaver Bank Rd. on Oct. 18. Hudson died in hospital. A male passenger, Gregory Goulding, 21, died at the scene.

A third passenger, Miranda MacIsaac, 19, was injured.

Anthony Lloyd Cox, 22, is alleged to have been behind the wheel of the Honda Civic when the single vehicle accident occurred.

Family members representing Goulding and MacIsaac didn't attend Wednesday's court appearance.

Danielle's mother Charlene Hudson and two of Danielle's closest friends were in attendance. They didn't wish to speak to media.

Anissa Aldridge, Atlantic



Region director for MADD Canada, was in court with them to offer support. She said this is the beginning of a long and emotional journey for the family and friends of all three victims.

"These were young kids who had their whole lives in front of them. There were many lives that were destroyed," she said.

Cox is free on an undertaking. His case was put over until Aug. 31.

Aldridge said the court process is lengthy and frustrating for those grieving the loss of a loved one.

"It's very difficult for the

families to comprehend that we're just now beginning the entire fight if you will. It is an ordeal," she said.

Cox is facing several charges, including two counts of impaired operation of a motor vehicle causing death and two counts of dangerous operation of a motor vehicle causing death.

"These decisions just need to stop. They're bad decisions," Aldridge said.

"That driver should've never been behind the wheel. He should have never taken those lives in his hands, and as we saw there are two victims."

+ CHARGES

Anthony Lloyd Cox faces the following charges:

■ Dangerous Operation of a Motor Vehicle Causing Bodily Harm.

■ Dangerous Operation of a Motor Vehicle Causing Death (2).

■ Impaired Operation of a Motor Vehicle Causing Bodily Harm.

■ Impaired Operation of a Motor Vehicle Causing Death (2).

■ Operating a Motor Vehicle with a blood alcohol level 80 milligrams of alcohol per 100 milliliters of blood causing bodily harm.

■ Operating a Motor Vehicle with 80 milligrams of alcohol per 100 milliliters of blood causing death (2).



1 Anthony Lloyd Cox enters Dartmouth Provincial Court on Wednesday.
JEFF HARPER/METRO

2 Anissa Aldridge, Atlantic Region director for MADD Canada, outside of court.
JEFF HARPER/METRO

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Busking in Halifax 'pretty legendary'

The 30th annual Halifax International Busker Festival is hosting about 16 performers this year. Three of them — all new to the festival — shared their experiences with the busker life on the first day of events.

REBECCA DINOWELL FOR METRO



ALL PHOTOS JEFF HARPER/METRO

MAMA LOU

Decked out in a polka dot apron and a rhinestone belt, strong-woman Mama Lou crushed an apple with her bicep in front of her audience on the Halifax waterfront.

Linsey Lindberg (her real name) is originally from Kansas and now lives in Austin, Texas. She's been doing strength training for 10 years. Lindberg explained that she had been living in Toronto, working on circus and clown skills when she decided she wanted more chances to perform for people. So, she took to the streets.

"That's when I realized that what I was doing — some strong-woman stunts that were just silly and off-the-cuff — were really inspiring to people," Lindberg said

after her Wednesday afternoon performance.

Since then, Lindberg has claimed five Guinness World Records, including the most decks of cards ripped in one minute.

She hopes children walk away from her show encouraged to achieve whatever they set their minds to.

"It's about empowerment, and not just 'girl power,' although that definitely is in there," said Lindberg. "It's about empowerment for everybody."

This is her first time in Halifax. "I'm in love with it," she said.

"I was lucky enough to leave my hotel and I walked along the boardwalk, and just really felt that magic of what it is to live here."



JACK WISE

Jack Wise is an Irish-born magician with a talent for ventriloquism.

"They get it. They're friendly audiences and they know what to do," he said of his Halifax spectators. "They tip well and they've got a good sense of humour."

Wise's favourite part of the act is when he picks someone out of the audience and uses a ventriloquism technique called "throwing your voice."

"As soon as they move their lips, I give them a false voice — a funny-sounding voice," explained Wise. "The fun part is sequencing with what they're saying. It's a challenge for me."

The 42-year-old has been performing professionally for

half his life. Wise has done the Toronto BuskerFest, PEI Busker Festival and the Mississauga Waterfront Festival. Halifax, he said, has been on his "to-do" list for a while now.

"All the other performers say it's pretty legendary," said Wise. "It's an honour to be here."

For Wise, busking is an honest way to make a living. Although he does perform in corporate shows, Wise said "you kind of feel like you're selling your soul."

Watching a group of strangers laughing together while he's out busking is a better feeling.

"It's almost like you make some friends."



MADAME GUILLOTINE

Kate Mior — also known as Madame Guillotine — performs an act largely inspired by her grandmother, who used to be a clown in Italy.

"Italian-style of clowning is a lot more bouffant and a lot more making fun of the bourgeois," she said.

Dressed as Marie Antoinette, Mior climbed onto a lamp post while lip-synching "Time to Say Goodbye" during the finale of her performance.

"I felt there was a hole in the industry for this kind of work in Canada," Mior said of her silent clown act. "It's very easy to impress people with simple tricks, but it's very difficult to do this kind of show."

Mior began her busking work

as a living statue, for which she also often dressed as Marie Antoinette. Over the years, she developed a personality for Antoinette as a character: "she's kind of a combination between my grandmother and Paris Hilton."

Entertainment is obviously a factor in her show, but Mior said she also wants to use her "magic guillotine" to make people think.

"I want to challenge my audience into thinking about the fact that 200 years ago we would actually watch executions," she explained.

"There's not enough balance of people to remind people that we also come from a messed up history, (but) we can laugh and joke about death."

DOWNTOWN

Halifax business to host Pokémon hunt



Yokohama Dance Parade in Japan. GETTY IMAGES FILE

Since the Pokémon Go craze isn't going away, one business hopes it may get people to rediscover the Halifax area.

On Saturday, Argyle Fine Art is hosting a group "Pokémon hunt." Gallery owner Adriana Afford was inspired by a visit to the Hydrostone with her husband, a couple days after downloading the game.

"We realized there were piles of different people there of all different demographics," Afford said Wednesday. "It was funny,

because it was a really intimate space."

Afford also noticed players popping into businesses.

"The game is interactive if you let it be," she said. "It's taking you to an area, but then it reminds you: 'Oh, yeah, there's cool things in this city.'"

Afford said Saturday's event will be family-friendly, complete with phone-charging stations in the gallery. A resident "Pokémon trainer" will even be there to help out anyone who is new to

the game.

A downtown walk will take place around a set route with lures in place — an app feature which draws Pokémon to a certain area.

Afford thinks the game is great because "It's a way for people to get outside, maybe meet some other people if they want (and) see some new places."

She added that if this weekend's hunt goes well, Argyle Fine Art may do more in the future.

REBECCA DINOWELL/METRO

POKÉMON GO SAFETY TIPS

Halifax Regional Police are joining other forces around the world in offering Pokémon Go safety tips.

One man was ticketed last Thursday when, at about 9:20 p.m., officers issued the man a ticket in the south end for operating a car while using a cellular device.

Through the investigation, officers determined the driver was playing Pokémon Go.

"Don't let Pikachu and gang lead you to police," the release said.

Police Pokémon tips include:

- Don't drive or ride your bike, skateboard, etc. while interacting with the app ... you can't do both safely.
- Pay attention and look where you're going.
- Play in pairs or as a group to enhance your safety.
- Don't trespass onto private property.

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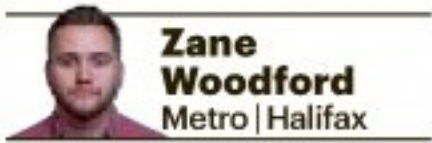
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'It's a good deal for taxpayers'

POLITICS

Jacques Dubé calls his new role 'a dream come true'



Zane Woodford
Metro | Halifax

Halifax Regional Municipality is saving almost \$100,000 a year on its new Chief Administrative Officer.

Jacques Dubé, who was appointed CAO during the in-camera portion of the Halifax regional council meeting on Tuesday night, will receive a starting salary of \$270,000, to be reviewed annually.

"That's significantly less than the previous CAO was making. In fact, it's less than Richard (Butts) was making when he started here five or six years ago," Mayor Mike Savage said on Wednesday.

"In terms of what city managers are making in cities our size, I think it's a good deal for



Jacques Dubé has been named Halifax's new chief administrative officer. CONTRIBUTED

taxpayers."

The municipality's last full-time CAO, Richard Butts, was on track to make \$364,000 in fiscal 2015 — having made \$182,000 in the first half of the year — before he quit in December. He made \$343,000 in fiscal 2014.

Savage doesn't think Butts

was overpaid, but also made a point of trying to pay less this time around.

"It's important at a time when we're negotiating with our employees all the time and trying to manage expectations, we didn't want to ... bring somebody in at a salary that was multiple times

what other managers were making in this city," he said.

For Dubé, the new salary is a raise from the \$184,800 he made in fiscal 2015 in his current job as Moncton's city manager. Plus, he's landed his "dream job."

"Really it was the job I've always aspired to get," Dubé said



Richard Butts CONTRIBUTED

over the phone from Moncton on Wednesday. "It's a dream come true for me."

Dubé has a personal connection to Halifax, having gone to Dalhousie University, won a triathlon here about 12 years ago, and even honeymooned in Halifax with his wife.

He finishes his job in Moncton on Aug. 23 after resigning earlier this week, and will start in Halifax on Sept. 12. In the meantime, he's house hunting, hoping to have a permanent home in the municipality by October.

"I want to get there, I want to live there, and be part of the community," he said.

Dubé grew up in Bathurst, New Brunswick, and worked in nearly every municipality in the

+ WHAT RIVALRY?

Halifax Mayor Mike Savage and the municipality's new CAO haven't started working together yet, but they already agree on one thing: there's no rivalry between Halifax and Moncton.

"I think that rivalry exists in some people's minds, but it's not a real rivalry," Jacques Dubé said on Wednesday. "The competition for Moncton and Halifax are elsewhere. It's Toronto, it's London, it's Paris."

"I see Moncton as an ally as we grow this region together," Savage said. "I don't see it as competition at all."

province. He also worked with the provincial and federal governments before moving on to Moncton in 2009.

"There aren't that many people around who have experience at the federal, provincial, and municipal level," Savage said.

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— FROM THE DESK OF AMY SCHUMER —

Hello, Canada!

I have a book coming out! Look for a cover with a very large image of a girl's lower back tattoo. Do they have tramp stamps in Canada? Probably not as many as we have in America. You guys strike me as all very beautiful, wholesome, happy people. I am envious of your health care system and sensible attitudes about gun safety. If you made a horrible permanent decision on your lower back when you were only eighteen years old, I bet your insurance has already covered the cost of removing that mistake for you. You strike me as people who don't need to be cheered up, but I was born to cheer people up. Even when they don't need cheering up.

I've been keeping journals since I was thirteen years old and it was rewarding, painful, and highly cringe-inducing to go through them in preparation to write my book. But I hope it was worth it. I hope you enjoy laughing and crying along with me as you read. To be honest with you, I don't understand why you bother reading in Canada. The roster of Canadian actors and comics is an embarrassment of riches, and if I lived in the country that produced John Candy, Catherine O'Hara, Phil Hartman, Mike Myers, and Leslie Nielsen, I sure as hell wouldn't be focusing on books. Go watch a Seth Rogen movie! Brag to every American you know that Samantha Bee is Canadian. You guys get to claim her! She is brilliant and funny and she's YOURS!

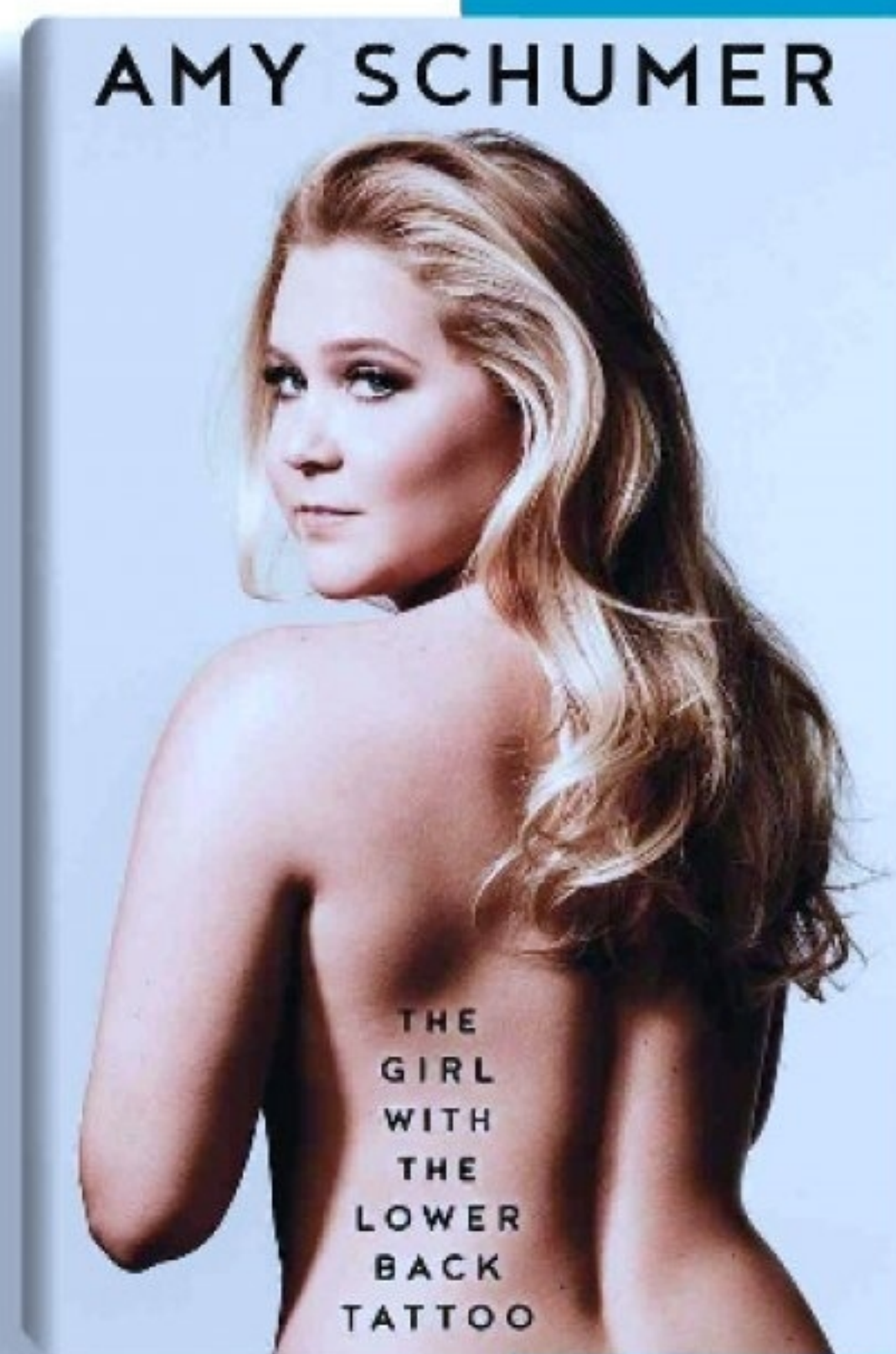
I hope you don't mind me telling you that I have drank more Labatt beers in my life than I care to admit. But not while I was writing this book. I was dead sober for all of that. I promise. But I don't mind if you crack one open right now because I am truly honoured that you are willing to spend some time with me by reading my book. Again, I don't really understand why you would rather read thousands of tiny words on a page when you could be watching anything Norm Macdonald has ever done. Or Ryan Reynolds. RYAN REYNOLDS! Now you're just mocking me, Canada.

Enjoy the book. I'm trying really hard to show you a good time. But that's some stiff competition.

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OFFICER'S MURDER

Magazine writer charged for violating a publication ban

A writer for a Halifax satire and gossip magazine says it's ridiculous that police have charged him with breaching a publication ban in the case of a police officer's murder, and he's vowing to take the case to the nation's top court if necessary.

Andrew Douglas, of Frank Magazine, says he's scheduled to appear in Halifax provincial court Sept. 6.

"I think it's absolutely ridiculous that I've been charged with this and we're going to fight this to the ends of the earth," said Douglas in an interview Wednesday.

"We're going to take it to the Supreme Court of Canada if we have to. I can't believe the position that the police and most likely the Crown have put me in."

Police said the charge, announced Wednesday, followed

+ POLICE SAY

Police allege the story was published after the court-ordered ban, police spokeswoman, Const. Alicia Joseph, said.

an investigation that began earlier this month.

A preliminary inquiry into the homicide of Catherine Campbell began on July 11 and police say the magazine published a story online the same day that included information that was subject to the ban.

The same story appeared in the print edition of the magazine, which appeared on newsstands on July 13. The Halifax magazine is run separately from the Ottawa publication of the same name.

The publication ban was

placed on all evidence presented at the preliminary hearing.

Douglas said his story was researched, written and published ahead of the publication ban.

"It was published before the ban," Douglas said. "We put the story on the website at 9:30 or 10 o'clock in the morning on July 11 and that publication ban didn't go into effect until later in the morning or even the afternoon."

He said the story was based on a document that was not obtained through the court process and that proved to be controversial.

Christopher Calvin Garnier is charged with second-degree murder in the death of Campbell, who had served as a Truro police constable for six years before her death.

THE CANADIAN PRESS

CRIME

Second man held in gas station robbery

Halifax Regional Police have arrested a second man in connection with a robbery that happened on July 10.

At around 5 a.m., police responded to a robbery at the Irving gas station at 2499 Robie Street in Halifax.

Police say two men entered the business. One of the men produced a knife and demanded money, cigarettes and other store products. The suspects fled on foot with the

items before police arrived. The clerk was not injured.

Officers arrested and charged 31-year-old Harry Cope of Millbrook with robbery and breach of a recognizance.

On Tuesday, Truro police arrested a Debert man in relation to the investigation. HRP officers travelled to Elmsdale and took him into custody.

Brandon Little, 29, was scheduled to appear in court on Wednesday. METRO

≡ VANDALISM

Gravesite in Kingston robbed a second time

Flowers were destroyed and ornaments were removed from the gravesite of Jeffrey Bezanson at the North Kingston Cemetery, say the Kings RCMP. This is the second time his grave has been robbed. A handmade memorial sign, a graphic of an orange Stihl chainsaw by Tony Crouchman, was taken only hours after Bezanson's funeral on May 30. TC MEDIA



HALIFAX COMMON IMPROMPTU WATER FIGHT Stormtrooper Jason Garnier joins other people in a water fight in Halifax Common on Wednesday. The impromptu event was organized through Facebook. JEFF HARPER/METRO

Woman returns to thank rescuers

CAPE SPLIT

Firefighters saved resident of Dartmouth who fell off cliff

A Dartmouth woman who fell off a cliff at Cape Split attempting to save her dogs earlier this month came to thank her rescuers over the weekend.

Erin Handspiker made the journey from Dartmouth with her parents and sister on Saturday to meet with members of several local fire departments who were doing rope training at the New Minas Fire Hall.

"She realizes how serious the situation was," said Canning fire department spokes-

man Jeff Skaling. "And she was very grateful."

He said Handspiker asked numerous questions during her visit and was surprised to learn her rescuers were unpaid volunteers.

Canning firefighter Dwight Hines was lowered 90 metres down the cliff to the dead tree that broke Handspiker's fall. Calling it one of the most difficult rescues he's been involved in, Hines says Handspiker was in and out of consciousness as he placed her in a Stokes' basket — a metal litter used

in search and rescue efforts to help with transport in difficult circumstances.

Handspiker's rescue on July 9 was one of three major incidents at the popular hiking destination since May. She suffered a fractured collarbone, eight fractured vertebrae, a fractured pelvis and a broken wrist as a result of her fall.

The most recent rescue involved two hikers who needed help getting back to the trail from Amethyst Cove. In May, two Truro men became stranded while rappelling. TC MEDIA

“She realizes how serious the situation was. And she was very grateful.”

Jeff Skaling

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Actor portrayals.

CORRECTION NOTICE

The Allstate Insurance Bedford Agency ad that ran on Page 7 in the July 26th edition of Metro Halifax was incorrect.

Metro Halifax regrets this error and any inconvenience this has caused.



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ENVIRONMENT

Emissions study puts Edmonton homes at the bottom of list

Homeowners in Edmonton generate, on average, almost four times the amount of greenhouse gas emissions as their counterparts in Montreal, according to a study released Wednesday by the University of British Columbia.

The study from the university's faculty of land and food systems estimated average household emissions in major cities across Canada between 1997 and 2009, based on factors such as weather, population density and the type of energy used for home heating and electricity.

Montreal homes were ranked the greenest — at 5.4 tonnes per year — largely because of the widespread use of clean hydro-electric power. The city's dense population also means motorists spend less time commuting and guzzling gas.

"If you live in Montreal, you can walk to your grocery store, you can walk your kids to school. You don't have to be driving everywhere, whereas in Edmonton, unfortunately, you do," professor Sumeet Gulati, one of the report's two authors, said Wednesday.

Edmonton, followed closely by Calgary, was at the bottom of the pile at 20.7 tonnes per year, partly because of the use of coal-fired home energy and a spread-out population. The colder weather in the two biggest Alberta cities also means more energy is needed to heat homes.

Vancouver, despite its very mild temperatures, ranked second behind Montreal because of the West Coast city's use of natural gas in residential utilities. Natural gas is available throughout Montreal, but it is more expensive than hydro.

Winnipeg ranked third-lowest for emissions, ahead of fourth-place Toronto. Despite its bone-chilling winters, Winnipeg scored well because of its use of hydro power. THE CANADIAN PRESS



ROYALTY GUESS WHO'S COMING BACK TO CANADA?

Catherine, Duchess of Cambridge and Prince William, Duke of Cambridge, attend the presentations at the America's Cup World Series on July 24 in Portsmouth, England. William and Kate will pay a visit to Canada this fall — their second since getting married five years ago. They will visit British Columbia and Yukon later this year, Gov. Gen. David Johnston announced Wednesday.

The royal couple's first visit to Canada followed their 2011 wedding and took them to Ottawa, Montreal, Quebec City, Charlottetown, Summerside, Yellowknife, Calgary and Slave Lake after that community was ravaged by a forest fire.

CHRIS JACKSON/GETTY IMAGES

OTTAWA

Group calls for body cams after arrest death



The Canadian Association of Somali Lawyers released an open letter of support on Wednesday for the family of Abdirahman Abdi — the Somali-Canadian man who died following a violent arrest in

Ottawa Sunday — asking for more transparency in SIU investigations and body cameras on all Ontario police officers. "It's a national issue," said president Billeh Hamud.

The open letter makes three main demands of the Ontario government, all related to the Abdi case.

"The most important thing is transparency, and that's not

“
It's a national issue.
Billeh Hamud

being done right now," said Hamud, who wants to see SIU investigations opened up to the public. The SIU is Ontario's civilian oversight agency that investigates cases resulting in

serious injury, death or sexual assault when police are involved.

The group also wants to see body cams — small cameras attached to officers while they work — on police across Ontario.

Hamud said the group also wants more training that addresses both race and mental health.

Family demands change for minors travelling by plane

The family of a 15-year-old boy who was bumped from an Air Canada flight and left to sleep overnight on the floor of Pearson airport while travelling solo is calling on the airline for a change of policy toward minors.

Hayden Levy was returning to Nova Scotia after a three-week visit with his father in Winnipeg when he and about 14 other passengers were bumped from their connector flight, he said. It was scheduled to depart for Halifax from Toronto at 8:50 p.m. on July 13.

A second flight, scheduled for around 11:30 p.m., saw Levy and others boarded onto a plane only to be shuffled off again due to a thunderstorm that cancelled the trip.

"I just lied (sic) out on the carpet ... I could see the planes through the windows," Hayden said. "It wasn't very comfortable. Every once in a while you'd hear a



Hayden Levy was bumped from his Air Canada flight and left sleeping on the terminal floor in Toronto overnight.

COURTESY BONNIE-CONRAD TRUELOVE

loud noise ... like a floor-cleaning machine."

In an emailed statement, an Air Canada spokesperson said the company "had no indication in the booking file that Hayden was a 15-year-old teenager travelling alone."

The airline's policy offers "special assistance" to solo travellers under 18, wrote Angela Mah.

That includes arranging for a hotel room with a chaperone or, if a suite isn't available, relying on "back-up plans involving staff who stay with the child."

"However, we can only take the appropriate action if we are made aware of the individual's circumstances. Our gate agent was only made aware he was a teenager travelling alone the following morning."

Levy and his family disagree. Levy's stepmother was with him at the check-in desk in Winnipeg and "specifically told them he was 15 years old," said his mother Kim Hillier. "It was (noted) when he checked in. What happened after that I don't know."

Levy said none of the delayed passengers was given hotel vouchers — no rooms were available, Air Canada said. All received a \$10 airport food voucher a \$400 discount on their next Air Canada flight. TORSTAR NEWS SERVICE

Armed Forces warn Pokemon Go players

The Canadian Armed Forces are warning Pokemon Go players — both in and out of uniform — not to search for Pokemon on military property.

A spokesperson said military police have reported "Pokemon Go occurrences" at three bases

— CFB Borden and 22 Wing North Bay in Ontario, and 14 Wing Greenwood in Nova Scotia — within the first week of the game's release.

"In the interests of public safety, Pokemon Go players must refrain from attempting

to access defence establishments without authorization for the purpose of searching for Pokemon," said a statement released by Natasha Leduc, assistant public affairs officer for CFB Halifax.

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NATIONAL CONVENTION

Democrats boast of strength

The Democrats wheeled out their biggest hitter Wednesday night, and he didn't pull his punches.

U.S. President Barack Obama took the convention stage, smiling at chants of "Yes we can," and used all his skills as an orator to speak for Hillary Clinton as "a mother and a grandmother who would do anything to help our children thrive."

He spoke of the race for the nomination in which he beat Clinton.

"Every time I thought the race was won, she just came back stronger," Obama said, pointing out that Clinton's time as secretary of state had her involved in tough security decisions.

"There has never been a man or a woman — not me, not Bill or anybody, who has been more qualified to serve as President of the United States," Obama said. And he had harsh words for the Republicans, saying this is "not a typical election" but instead a "more fundamental choice about who we are."

The Republican convention presented "a deeply pessimistic vision of a country where we turn against each other and against the world," the president said.

His robust support for Clinton, his political foe-turned-friend,



Barack Obama said his 2008 battle against Hillary Clinton was incredibly tough.

J. SCOTT APPLEWHITE/
THE ASSOCIATED PRESS

is also driven by deep concern that Donald Trump might win in November and unravel the president's eight years in office.

Wednesday night's Democratic lineup was aimed at emphasizing Clinton's national-security credentials. It came in the wake of comments by Trump earlier in the day encouraging Russia to find emails Clinton says she deleted as secretary of state.

Vice-President Joe Biden appealed directly to the working class white voters who have been drawn to Trump's populism, warning them against falling for false promises.

+ KAINE SPEAKS

Clinton's running mate, Virginia Sen. Tim Kaine, addressed the convention, formally accepting the nomination to run for vice-president.

Kaine praised Clinton's character, saying it was shown in her "passion for kids and families" throughout her political career and before she ran for office.

He repeatedly invoked Bernie Sanders' name, calling him a valued colleague, and launched a fierce attack on "one-man wrecking crew" Donald Trump, including his failure to publish details of his taxes. METRO



Sen. Tim Kaine

New York Mayor Michael Bloomberg, a billionaire himself, took aim at Trump's bankruptcies, reliance on foreign factories and other economic experience. THE ASSOCIATED PRESS

Acquaintances of killer unsurprised

FRANCE

Daesh video shows vow by teenager who slew priest

Adel Kermiche nursed his obsession with jihad in the quiet French town of Saint-Etienne-du-Rouvray, and his twice-thwarted attempt to join Daesh extremists in Syria ended with an attack on an elderly priest.

New details emerged Wednesday about the 19-year-old, one of two assailants who took hostages Tuesday at a church in the town, slitting the throat of the Rev. Jacques Hamel before being shot to death by police.

The attack was claimed by Daesh, which released a video Wednesday allegedly showing Kermiche and his accomplice pledging allegiance to the group.

In it, Kermiche identifies himself by the nom de guerre Abul Jaleel al-Hanafi and says his compatriot is called Ibn Omar. Speak-



People stand near a makeshift memorial near the Saint-Etienne-du-Rouvray church on Wednesday. CHARLY TRIBALLEAU/AFP/GETTY IMAGES

ing in broken Arabic, Kermiche recites: "We pledge allegiance and obedience to Emir of the faithful Abu Bakr al-Baghdady in hardship and in ease."

Those who knew him said Kermiche appeared to think of little else other than trying to join the extremist group in Syria after the January 2015 attacks on the satirical newspaper

Charlie Hebdo and a kosher supermarket.

"He said it wasn't possible to live peacefully in France. He spoke with words that did not belong to him. He was mesmerized," his mother said in an interview last year after her son was detained and returned to France after trying to make it to Syria. THE ASSOCIATED PRESS

Pope Francis warns of a world at war

Pope Francis, deeply saddened by the slaying of an elderly priest during Mass in a church in the French countryside, warned grimly Wednesday that the world is at war but cautioned against labelling it a war among religions.

At the start of his first ever trip to Eastern Europe, where anti-migrant sentiments have

been rising, he also encouraged Europe to welcome refugees from war, hunger and religious persecution and called for "courage" and "compassion."

Francis was celebrating World Youth Day in Poland, where many fear that accepting Muslim refugees would threaten the nation's security and its Catholic identity.

As he started the five-day trip, he told an audience that what is needed is "a spirit of readiness to welcome those fleeing from wars and hunger, and solidarity with those deprived of their fundamental rights, including the right to profess one's faith in freedom and safety."

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ROSEMARY WESTWOOD ON WHAT HILLARY'S NOMINATION PORTENDS

The true, extended test of a Clinton presidency — and American society by extension — would be in how long it takes for another woman to similarly ascend.

Perhaps, like roughly 60 per cent of the U.S. electorate, you view Hillary Clinton ... let's say "unfavourably."

Perhaps, like Julian Assange, you consider the choice before Americans in November as akin to "asking me, do I prefer cholera or gonorrhea?" You might hate Clinton's hawkishness, dislike her handling of the email scandal, consider her too centrist, too liberal, or distrust her political motives. You might also be a raging sexist.

Feminism is the undercurrent to this week's Democratic National Convention. It coloured Bill Clinton's portrayal of his driven, defiant wife. And it has been personified in Lena Dunham, for millennial women; Meryl Streep, for second-wavers; and Michelle Obama for literally everybody.

According to the DNC, Clinton's rise is a game-changer for women in American society, too. That was made explicit nowhere more elegantly than in Michelle Obama's barnburner of a speech, in which she said that Clinton was the kind of leader who keeps putting "those cracks in the highest and hardest glass ceiling until they finally break through, lifting all of us along with her."

The Obama daughters now "take it for granted" that a woman can be president, Obama said. But can is not the same as will. And women might not all be lifted. At least, not immediately.

The Obama daughters now 'take it for granted' that a woman can be president, Michelle said. But can is not the same as will.

History is full of monumental firsts that do not open a floodgate of seconds, thirds, fourths and fifths. Canada hasn't had a woman prime minister since Kim Campbell in the 1990s. She held the job for a whopping four months. After Margaret Thatcher's long reign in the U.K., it was another quarter century before Theresa May

those advancements allow people to excuse their prejudice. "We must live in an equal society if a woman can be president!" Never mind the reality.

The true, extended test of a Clinton presidency — and American society by extension — would be in how long it takes for another woman to similarly ascend.



REMEMBER — WE DID IT FIRST Former prime minister Kim Campbell is seen in Vancouver in April 2015. Campbell's four-month tenure in 1993 was the last time a woman got close to the job. THE CANADIAN PRESS

landed at 10 Downing. When she did, English-language papers could only muster enough imagination to compare her to other women leaders, which left them all drawing Thatcher and Angela Merkel parallels.

In his new Revisionist History podcast, Malcolm Gladwell charts these yawning gaps between one woman's advancement and the next to tread in her footprints. He posits that moral licensing — a term used to describe the way people tend to excuse our general bad behaviour if we've done a good deed — could explain the phenomenon: Sexism continues to flourish even in the face of women's advancements precisely because

Every woman who attempts to chart this course will inevitably be and uniformly compared to Clinton. Her successes and failures will be the foil for them all.

In Canada, our concern over never once voting a woman into the PMO in a general election is oddly mute. It's not much of a burning problem, it would seem, that only 26 per cent of federal MPs are women, a rate that, while abysmal, is marginally better than provincial and municipal levels, which Simon Fraser University researcher Halena Seifert pegs at 25.7 per cent and 23 per cent, respectively.

Low though they may be, those numbers took decades to build up. A graph

produced by the website FiveThirtyEight shows the rise of women in U.S. Congress since 1917, and it has all the gradual elevation of a shallow beach.

Equal Voice, Canada's non-partisan organization dedicated to electing more women, has decided the best hope may just be to target the politically minded young and aim to reap the benefits decades from now. The group launched a project this summer called Daughters of the Vote, which is recruiting 338 young women to fill the seats in Parliament during a special event next year, when they'll learn about Canada's political institutions.

"We're investing 10, 20 years down the road," executive director Nancy Peckford told me. "Demystifying the process, helping them identify the number of roles you can play so they never dismiss formal political engagement as a way to make change."

The real kicker is that 1,500 young women have applied for those 338 spots, — more than the number of candidates in the last election, where women made up only one third. Equal Voice is also aiming for racial diversity, meaning the women they choose should "look like Canada," Peckford said.

Without such efforts, she added, it could take 90 years to close the gap.

This is "equality" in Canada, and the U.S.: A slow plod toward more women politicians that doesn't so much as increase your heartbeat, and a history of female leadership that reads as precipitous peaks and valleys.

So, yes, expect a momentous night for Clinton, and feminists may as well enjoy that as much as we can muster. There may not be another chance for a long, long time.



Taxi sex-assault wave: 'Sit in the back' is the best idea we've got?



Haley Ryan
Metro | Halifax

After a night out downtown, getting a cab to take me home doesn't feel safe anymore. And that's not OK.

Five women, most between 19-25 years old, have told police they were sexually assaulted by a taxi driver in Halifax this year. Over the past few months everyone from Mayor Mike Savage to cabbies have weighed in with ideas like dash cams, GPS, partitions, and better regulations.

While people have been talking, three assaults happened in July.

This is a city that averages one to three cabbie-involved sexual assaults a year. Why has the number doubled? Are more men taking advantage of what's essentially a public service? Or has the extra awareness helped more women stand up and report the crimes?

Maybe both?

There's a level of tension as a woman when you get in a Halifax cab now. Of course many drivers bring up the assaults and say they're as angry about the crimes as anyone. One Halifax cabbie even took it upon himself to display "safe in my cab" stickers in his windows.

Halifax Regional Police have thankfully laid charges in two of the cases this year, but while they keep looking for the drivers who haven't been caught, too much of the conversation has been around what women can do to keep themselves safe.

This week police sent out tips for women getting into

cabs. The pointers echoed what Dave Buffet of the Halifax Taxi Drivers Owners Association and others have said: sit in the back right seat farthest from reach, don't travel alone, take down the cab's roof light, keep your phone out, and make sure a taxi licence is on display.

Did you get all that? How is every woman expected to keep that in her head, especially if she's had a few drinks? Will there be a test of things I should have followed?

While police frame the tips as common sense and an unfortunate reality, Buffet is urging a campaign that advises sitting in the back seat, since most of the assaults happened when women were sitting up front. "I suppose it's more tempting for the type of person who would commit these acts" he said, referring to front-seaters.

If the next woman is assaulted while sitting in the "correct" seat in the back, where should we sit next? Maybe they can add a side-car?

It's alarming in 2016 to have the focus placed so heavily on what the women can do to make sure they're not inappropriately touched.

Police, industry experts, and politicians continue to say the self-preservation stance is not victim blaming. But when every conversation revolves around what a woman should do, more so than saying loud and clear that this is a problem with drivers and that the solution must be found with individuals and companies, women obviously feel like it's our job not to slip up.

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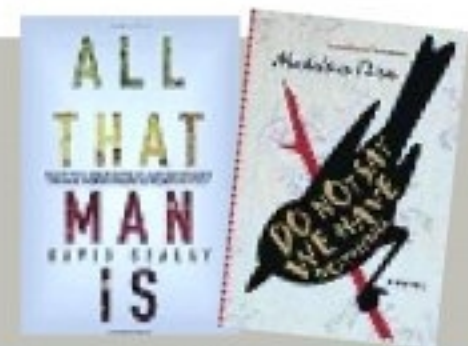
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Podcasts face an uphill battle

MEDIA

Canadian shows lack funds, support

Genna Buck
Metro Canada



When they see a new episode of *Witch, Please* in their podcast feeds and hear those familiar owl hoots, listeners know they can settle in for another hour or more of Hannah McGregor and Marcelle Kosman's funny, feminist banter on the Harry Potter series.

The Edmonton-based podcast hosts have passion, 3,000 listeners and a lively program. What they lack is any reliable way to make money from their work.

Despite a few breakout successes, like the media-criticism show *Canadaland*, the Canadian podcasting industry is in its infancy and dominated by repackaged radio shows. The format — audio content delivered via digital syndication — has been around for more than a decade. "I listen to almost no Canadian (podcasts), because they usually feel like edited radio," McGregor said.

Podcasts, at their best, share features with great radio: important stories with high production values and a reliable release schedule. But the two forms are not synonymous.

"The pleasures of podcasting have to do with the intimacy of the audience," McGregor said.



Self-taught podcaster Hannah McGregor is wrapping up *Witch, Please*, a Harry Potter-themed program, and planning to start a new podcast soon. KEVIN TUONG/FOR METRO

"You feel like ... a specialized community of friends. Radio, because it's supposed to speak to the nation, doesn't really work in the same way."

Only one of the top ten podcasts on the Canadian iTunes charts is Canadian: *Love Me*, a CBC-backed program that recently wrapped its first season with no plans yet to renew.

That 1-to-10 ratio is "expected," said Lori Beckstead, a professor of digital media at Ryerson University.

Canada is a small media market, and unlike TV or radio creators, podcasters aren't protected by Canon rules. At present

there's no Canada Council for the Arts grant for general podcasts.

To amass enough listeners to make money, podcasters need "an existing personal or business brand, or a niche topic that isn't serving audiences already out there," Beckstead said. "If you are just an average Joe or Josephine, it is a tough, tough uphill slog."

Canada doesn't have anything like the U.S. media companies that incubate, promote, and solicit ads for podcasts, like Panoply, Radiotopia and Gimlet Media, among others.

Some companies do sponsor podcasters in exchange for on-air

ads, but this route isn't feasible without a large audience.

McGregor said when she looked into it, given their listener base, a sponsor break in every biweekly episode would bring in \$15 to \$20 per month.

Patreon, a virtual tip-jar for artists, is "the only viable way to make money off a podcast in Canada," she said.

Kaitlin Prest knows that reality all too well. In 2008, when she became the host of *The Heart*, an audio program about sex and relationships, it was still a show on university radio in Montreal called *Audio Smut*. It became an independent podcast based

in New York City when Prest moved there in 2012.

"In Canada, it felt like you work at the CBC or you don't do radio," Prest said. Community radio also didn't provide a clear way to create a profitable business or a polished sound.

"I needed an editor, I needed an engineer, someone to fix the show and make it sound good. Those were things I had to learn all by myself," Prest said.

In New York, she found those resources, and a community of audio storytellers. Radiotopia picked up *The Heart* in 2014; investing \$24,000, Prest said.

Canada has podcast networks, but they're not throwing around that kind of money.

A notable one is the Toronto-based *Never Sleeps Network*, which founder Alex Ross describes as an "artists' commune." Members share the costs of running a small studio, and don't have sponsors. But what they're building — a base of listeners with a variety of niche interests — is worth money, Ross said.

"I have every comic book nerd in Toronto at my fingertips. Hobbies are the best ways to connect people," Ross said.

"Successful podcast networks are just floating," he added. "If one company was smart enough, they'd scoop us all up."

For now, Canadian podcasting is a labour of love.

"Success in Canada looks a lot different than in other countries. If we're getting up in the morning and going to the studio instead of our (jobs), that's success. If I can pay my bills, that's complete success, Ross said.

LISTEN TO THIS

Metro has some new podcasts of its own, with more on the way. Visit metronews.ca/podcasts to listen.

Scrub League: Canada's first eSports Podcast

A hilarious but rigorous show about the fastest-growing pop-culture phenomenon in the world: competitive video-gaming. Every week hosts Colin, Kevin and Samantha bring you the latest news and views from the world of eSports.



Nth Wave: A podcast about women and the media

Every week Metro's national columnist Rosemary Westwood sits down with a female guest to discuss what it's like to be a woman working in, engaging with, and being covered by the North American media.



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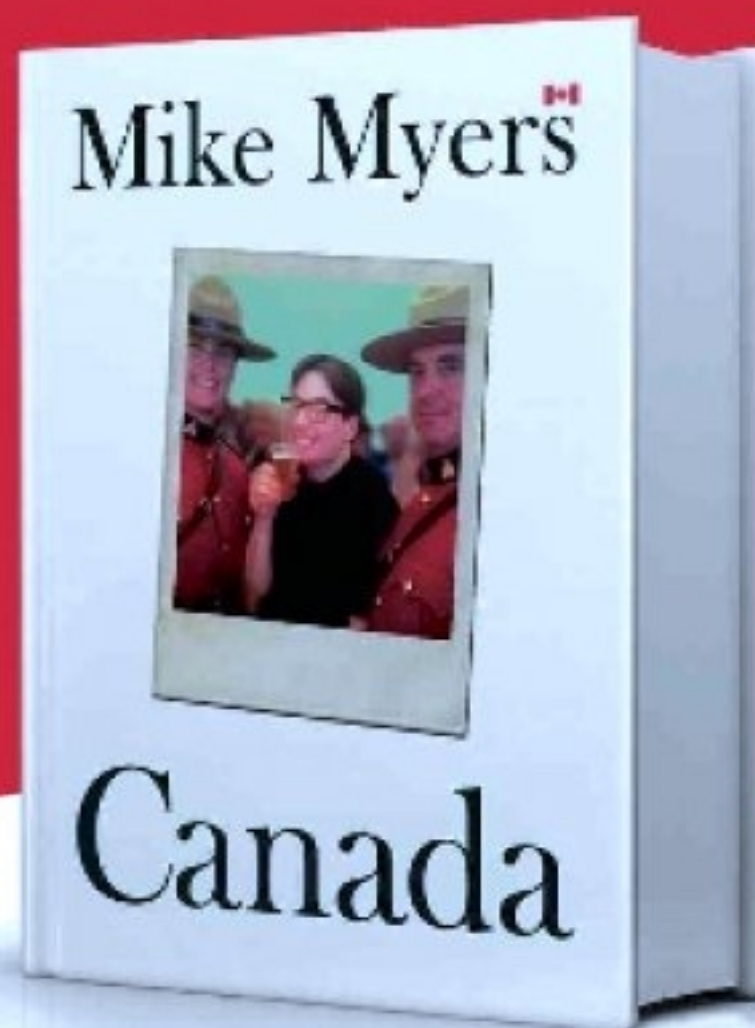
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Penguin
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DOUBLEDAY CANADA

A bachelorette party that goes really, really badly

CRIME THRILLER

Author was surprised idea had not been used before

Sue Carter
For Metro Canada



For some women, just the idea of being invited to a childhood friend's weekend bachelorette party is a nightmare.

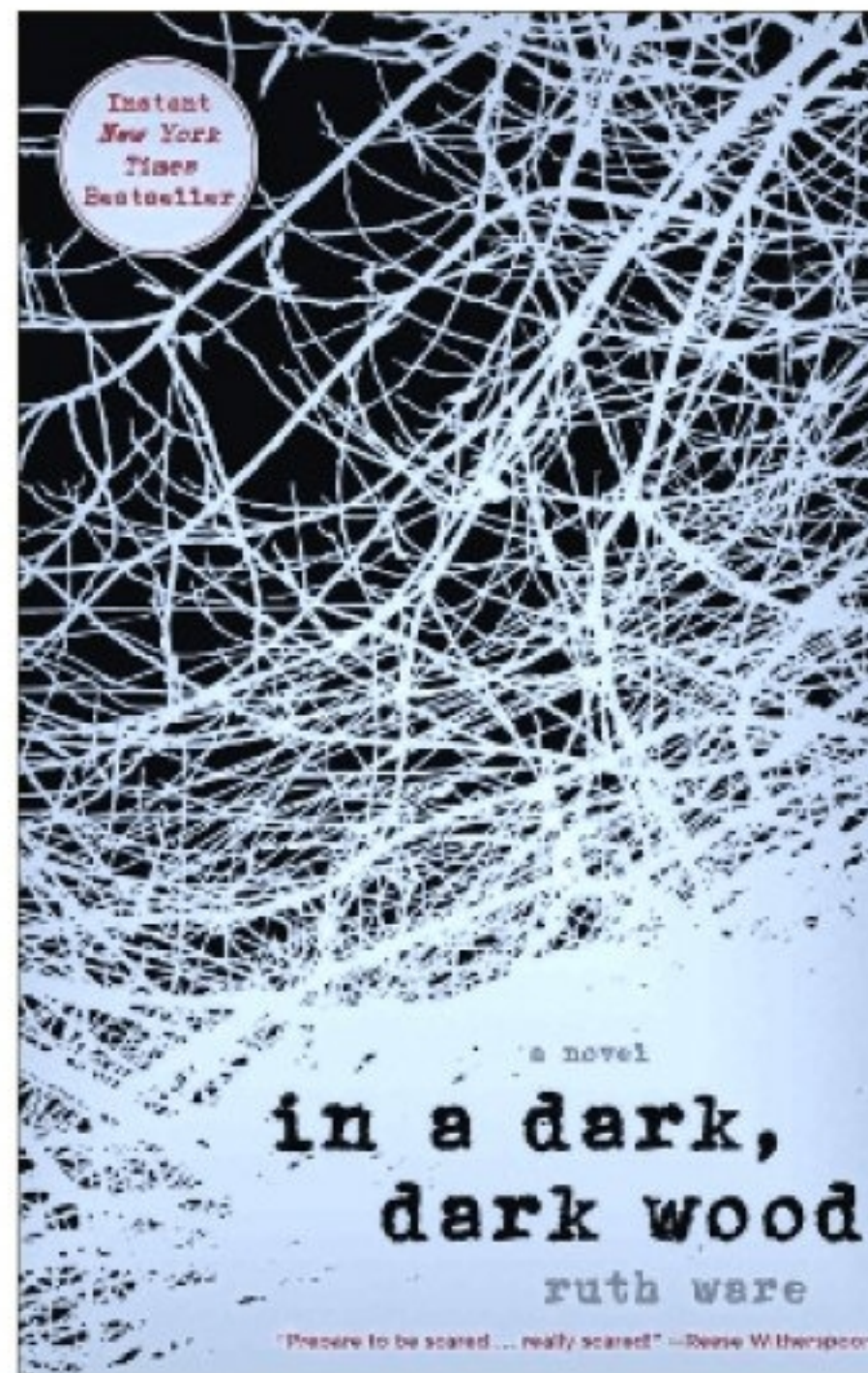
For U.K. author Ruth Ware, that socially awkward horror became the inspiration for her international best-selling debut psychological thriller. In *In a Dark, Dark Wood*, a twisted and suspenseful mystery that entangles friendship, identity and memory with a possible murder.

Reclusive mystery novelist Leonora is surprised to receive an invitation to a bachelorette party — or “hen party” as it’s known across the pond — to be held at an architecturally imposing glass house set deep in a remote forest.

Leonora hasn’t spoken to her friend Claire in more than a decade, the reasons for which she reveals slowly after waking up battered in the hospital with a police officer stationed outside her door.

Like Paula Hawkins’ Rachel in *The Girl on the Train*, Leonora is an unreliable narrator at best as she struggles to remember exactly how the party ended in a bloody mess.

The idea for *In a Dark, Dark Wood* came to Ware thanks to a friend’s observation that



a hen party would make an amazing setting for a thriller.

“It was one of those ideas that you almost can’t believe hasn’t been done before. Literally, as soon as she said that I knew immediately that I wanted to write this book,” says Ware. “I’ve never had an experience like that before where the book almost plotted itself.”

Ware says that all the ele-

ments were there: it’s a high-stakes emotional event, usually serving a lot of alcohol, involving a small group of people who come together as strangers.

“I’ve been on weekends where the only person I know is the hen,” says Ware.

“It is quite weird because you’re thrust into this very intense camaraderie with people that you don’t know

terribly well. Also, the fact that these people are usually plucked from very different periods from the bride’s life, you suddenly get a glimpse of how much people change, not deliberately, but how much they present different faces of themselves.”

She has also observed that modern hen parties have become competitively elaborate shindigs that require major financial and time commitments from guests, which only ratchets up the emotions even more.

“It used to be that you’d just go down to the pub for a few drinks with your mom and your friends, and now people are flying abroad, and spending whole weekends,” Ware says. “It has become quite competitive, and a really big ask.”

While the premise is contemporary, *In a Dark, Dark Wood* — which is set to be adapted for film by *Gone Girl* producer Reese Witherspoon — subtly tips its hat to authors such as Agatha Christie and Dorothy L. Sayers.

Ware, who describes her childhood self as a “classic crime geek,” says she wasn’t aware of their influence while writing the book, but describes the closed-room whodunit as very much a conceit of golden-era mysteries.

“When you have people slightly awkwardly rubbing up against each other it creates narrative tension,” she says. “Especially when you put people in a remote location with a very small cast of characters, and you can’t get away.”

Sue Carter is the editor at Quill & Quire magazine.

GRAPHIC NOVEL

Jughead collection is genre-bending fun

Jughead Volume One
BY: Chip Zdarsky and Erica Henderson
PUBLISHER: Archie Comics

Mike Donachie
Metro | Canada

Jughead was always the weird one, and he’s super-weird in this first collection from the relaunched Archie universe.

While the other characters have always done pretty

straightforward teen comedy, Jughead was the bizarre guy who ate burgers, wore a stupid hat and turned laziness into an artform.

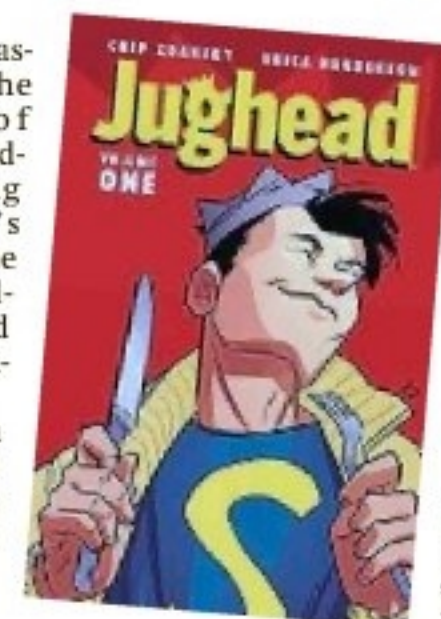
Now, revitalized by Toronto’s king of comical comics, Chip Zdarsky, and talented artist Erica Henderson, Jughead’s probably funnier than ever.

This book grabbed lots of attention with the low-key revelation that its main character is asexual.

That’s great, but it’s a minor part of its appeal.

The real treasure here is the layering of laughs and oddness, drawing on Jughead’s history of time travel, beardless piracy and general scheming.

There’s a plot, too, and — like always — it’s really out there, compared to



other Archie books.

Jughead’s fighting back against his sinister new principal, with the rest of the gang and frequent dream sequences.

Just go with it. Everybody needs a bit of Jughead in their life.



Let your memories comfort you

DO IT YOURSELF

Ever wanted to put your snaps on a pillow?

Turn Instagram snapshots into personalized pillows and great one-of-a-kind gifts

Step 1: Gather supplies

We used a cotton pillow cover and linen fabric for this pillow.

Have fun with the embroidery using words or simple designs to add a pop of colour to the pillow. Try sketching them out lightly on the fabric using a pencil first.

You'll need:

- Unfinished wood tray
- Sea glass
- Pre-mixed tile adhesive and grout
- Pillow cover and insert
- Iron-on transfers
- White cotton or linen fabric
- Scissors
- Thread
- Embroidery floss
- Pins and needles
- Embroidery hoop
- Iron
- Computer and printer

Step 2: Measure and cut fabric

Measure and cut a piece of fabric that will fit in the centre of the pillow cover.

Step 3: Pick photo, print and iron

Select a photo for your pillow. Using your photo editing software, edit the photo to desired size and print the image on to the iron-on transfer paper.

Before printing ensure the image is selected to print flipped or as a mirror image. Let the printed image dry for approximately five minutes before handling.

Set the iron to the highest cotton setting (no steam) for ironing on the transfer. Iron the fabric to remove any wrinkles. Let the fabric cool. Position the image face down on the fabric and using firm pressure, iron the sheet ensuring all corners and edges are ironed.

Peel away the paper backing. Follow the specific directions from the manufacturer.

Set the iron to the highest cotton setting (no steam) for ironing on the transfer. Iron the fabric to remove any wrinkles. Let the fabric cool. Position the image face down on the fabric and using firm pressure, iron the sheet ensuring all corners and edges are ironed.

Peel away the paper backing. Follow the specific directions from the manufacturer.

Step 4: Sew fabric on the cover

Pin the fabric on the pillow cover. Thread a sewing needle and sew the fabric (by hand)

TIP

If you use a plain, light coloured cotton pillow cover you could iron the photo directly on to the pillow cover and skip the step of sewing the fabric or you could use fusible web fabric adhesive to attach the fabric.



Adding a little personality to a pillow is easy with iron-on transfers and some basic sewing skills. Use colourful embroidery thread to make items, like the bucket in this photo, stand out. PHOTOS DEBRA NORTON/FOR TORSTAR NEWS SERVICE

on to the pillow cover using a simple straight stitch.

Step 5: Embroider it

It may be helpful to use a pencil to draw the image or word you want to embroider on to the pillow.

Thread the embroidery needle and begin embroidering the pillow. Urban Threads has detailed instructions on vari-

ous basic embroidery stitches.

Step 6: Voila!

TORSTAR NEWS SERVICE



RETAIL

Not feeling crafty? Buy it

If you'd rather leave the needlework to the experts, here are five fun pillows ready to go.

1 SHUTTERFLY

Geo Overlay 12 x 16 pillow Colourful, fun photo pillows make a great gift and are available in a variety of styles via Shutterfly.

It costs \$34.99 U.S. and up shipping prices vary. Ready to ship.

2 FINCH AND COTTER

Custom photo pillow, 12" x 18" Custom handmade pillow made from natural cotton makes a unique gift.

It costs \$50.88, \$28.05 shipping. Ready to ship in 1 to 3 business days.

3 BLUE LEAF BOUTIQUE

Personalized pet portrait pillow, 16" immortalize your pooch on

a pillow with a hand drawn, hand embroidered portrait.

It costs \$65.60 \$10.71 shipping.

Ready to ship in 1 to 2 weeks

4 MARK GRAHAM

Make Your Mark Cotton Boudoir Shams Go preppy and personalize a pillow with a name or monogram including choice of font.

It costs \$49.03 \$29.70 shipping plus duty. Ready to ship.

TORSTAR NEWS SERVICE

Aaron Rodgers says he "hasn't really been affected" by his Bachelorette contestant brother Jordan saying they have an estranged relationship



Day hastily prepares for defence of major title

PGA CHAMPIONSHIP

World No. 1 'under the weather,' tends to sick family

Jason Day's plan to defend his PGA Championship took a turn he wasn't expecting.

It is rare for a player considered one of the favourites in a major not to see the golf course until the day before the tournament starts, but that's how the world's No. 1-ranked player will try to handle Baltusrol Golf Club, the site of this year's PGA Championship.

"I haven't played a practice round. I haven't seen the course. I don't know what it looks like," Day said Wednesday before heading out for a practice round. "I was with Doug Steffen, the head pro, last night at the champions' dinner. I went through pretty much every hole with him for about 20, 30 minutes, kind of going over all the holes. I'm going to try and touch them all today, but obviously the prep's been a little on the lighter side. So I need to come in and try to get a good, solid 18 holes in today so I kind



Jason Day tracks a tee shot during a practice round at Baltusrol Golf Club on Wednesday in Springfield, N.J. DREW HALLOWELL/GETTY IMAGES

BACK-TO-BACK
Since the PGA went to stroke play in 1958, only Tiger Woods has repeated as champion, in 2006 and 2007.

of know where I'm going."

Day's plan had always been to take Monday off. Tuesday became a day of tending to a sick family and himself.

"Dash and Lucy (his children) are sick right now, and kind of

Dash passed that on to me a little bit," Day said. "I'm OK. I'm fine. I'm just a little bit under the weather. Ellie (his wife) had an allergic reaction last night and had to go to the hospital. We were there until 2 o'clock or something like that. So I'm kind of running on 'E' right now. She's fine. Everything was

great."

The 28-year-old Australian has eight wins in 2015 and 2016, but he hasn't had a good first round in any of the majors this year, which makes his having two top 10 finishes in them all the more impressive.

He shot a 72 to start the Masters and was able to finish tied

+ CHARLOTTE

■ The PGA of America has no plans to move next year's championship out of Charlotte despite the North Carolina law limiting protections for LGBTQ people.

■ The tournament is scheduled for Quail Hollow, a regular spring stop on the PGA Tour.

■ The NBA made a decision to move the 2017 NBA all-star game out of Charlotte last week.

for 10th. At the U.S. Open at Oakmont, he started with a 76 and rallied to finish tied for eighth. At the British Open he started with a 73 and finished tied for 22nd at Royal Troon.

"I think there's a little bit of expectation obviously on my shoulders; that I've got off to a great start this year. You've got to come out and fire on all cylinders and get yourself up the leaderboard and show people that you're there and you're ready to win," he said. "I think if you try a little bit too hard sometimes, you can kind of shoot yourself in the foot. I think that's what I did in the first two majors."

THE ASSOCIATED PRESS

MLB

Padres show Dickey no mercy

R.A. Dickey is hoping he has another late-season turnaround left in him.

The Blue Jays knuckleballer fell to 7-12 on the season with an 8-4 loss to the San Diego Padres on Wednesday in Toronto.

Dickey gave up seven runs — six earned — on four hits, including two homers, four walks and a hit batter as he dropped his third straight decision.

"I think it's only human that you question some of the methods or the selection, but at the end of the day if I've learned anything through my experience as a baseball player it's that you kind of have to have blinders on and trust the pedigree," Dickey said.

"I still have a third of my season left so there's reason for optimism and I'm going to roll with that."

The 41-year-old Dickey struggled through the first half of last season before turning things around down the stretch and winning eight of his last nine decisions. The 2014 season followed a similar pattern with Dickey notching wins in seven of his last 10 decisions.

Adam Rosales hit a two-run homer, Brett Wallace drove in a pair with a home run and a single and Alex Dickerson also went deep as the Padres (44-58) avoided a three-game sweep.

Kevin Pillar had a two-run double, Darwin Barney hit a sacrifice fly, and Ezequiel Carrera drove in one for the Blue Jays (57-45). THE CANADIAN PRESS

ROGERS CUP

Djokovic wins with weak performance

World No. 1 Novak Djokovic survived a scare from Gilles Muller 7-5, 7-6 (3) on Wednesday afternoon in the second round of the Rogers Cup.

Djokovic struggled on the hard court, both with his serves and his short game.

Unforced errors were Muller's undoing, with both sets easily in reach of the unseeded player from Luxembourg.

Canadians Milos Raonic and Denis Shapovalov were scheduled for singles action



Novak Djokovic
GETTY IMAGES

on Wednesday evening.

No. 2 seed Stan Wawrinka topped Mikhail Youzhny 7-6 (3), 7-6 (8), third seed Kei Nishikori downed Dennis Novikov 6-4, 7-5

and fifth seed Tomas Berdych dispatched Borna Coric 4-6, 6-1, 6-4. THE CANADIAN PRESS

IN BRIEF

Sens avoid arbitration with their leading goal scorer

The Ottawa Senators have signed high-scoring winger Mike Hoffman to a four-year contract worth nearly \$21 million US, avoiding arbitration.

Hoffman hit career-highs with 29 goals, 30 assists, and 59 points last season, leading the Senators in goal-scoring for the second straight season.

Hoffman ranks 19th in the NHL with 56 goals over the past two seasons.

THE CANADIAN PRESS

NFL

Disgruntled QB released by Rams

The Los Angeles Rams have released quarterback Nick Foles after failing to find a trade destination for the disgruntled quarterback.

The Rams announced the move Wednesday, one day before their veterans report to training camp.

Jared Goff, the No. 1 overall pick in this spring's draft, and veteran Case Keenum are competing for the starting job at training camp.

THE ASSOCIATED PRESS



Nick Foles spent just one season with the Rams.
JAMIE SQUIRE/GETTY IMAGES

+ MORE SCORES

Nationals 4, Indians 1

Stephen Strasburg shut out the Indians for seven innings and bounced back from his only loss this season, leading Washington to a 4-1 win in Cleveland.

Tigers 4, Red Sox 3

Miguel Cabrera hit a tiebreaking home run in the ninth inning that bounced off the top of the wall and into Boston's bullpen, lifting Detroit to victory.

THE ASSOCIATED PRESS

RECIPE Shakshuka



PHOTO: MAYA VISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

Just when you thought you'd made every delicious dish with eggs, please meet the Shakshuka.

Ready in
Prep time: 10 minutes
Cook time: 30 minutes
Makes: 4 servings

- Ingredients**
- 2 Tbsp olive oil
 - 1 onion, diced quite fine
 - 3 or 4 cloves garlic, minced
 - 1 tsp paprika
 - 1/2 tsp ground cumin
 - chili flakes (optional)
 - 1 can (28 oz) whole tomatoes
 - 1 Tbsp tomato paste
 - Salt and pepper
 - 6 eggs
 - 1/4 cup crumbled feta
 - Handful of chopped basil or parsley

Directions

1. Heat the oil in a high-sided frying pan over medium heat. Add the onion and garlic and let them begin to brown. Add the paprika, cumin and a pinch of chili and stir. Let cook about 3 minutes.
2. Pour in tomatoes and tomato paste gently break them up. Allow sauce to simmer for about 20 minutes. Taste and add salt and pepper.
3. Spread the sauce evenly across the frying pan. Now crack the eggs over the sauce (I usually place five in a circle around the pan and one in the center). Cook for about 6 or 7 minutes.
4. Crumble the feta and basil or parsley over the top. Shimmy a big serving spoon under each egg to scoop them out of the pan. Serve with crusty bread and some steamed vegetables.

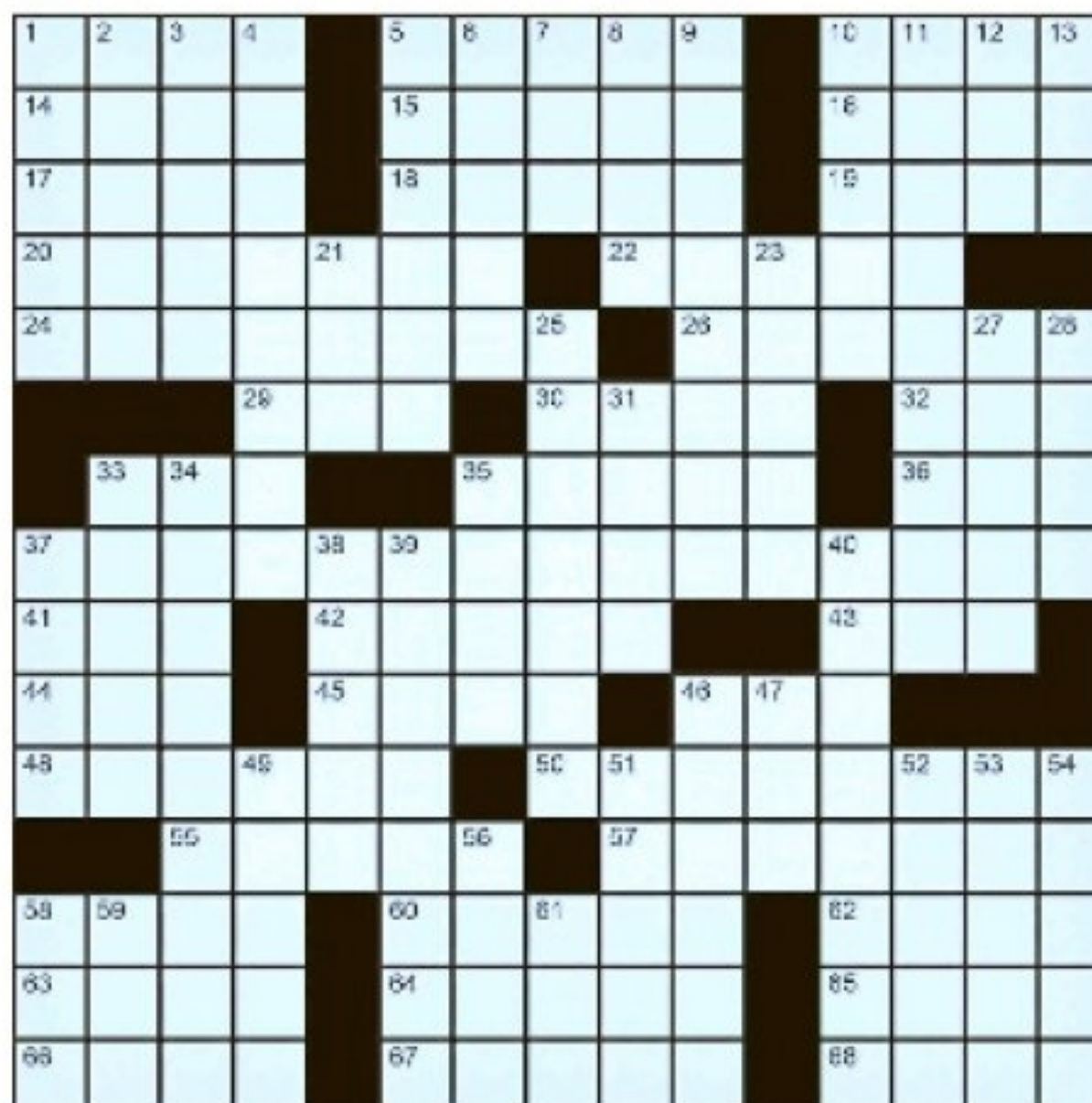
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. "___ the Roof" by The Drifters
5. Cut-and-___
10. Bridge
14. Unfeigned
15. Greek Myth: The huntress Artemis unintentionally slayed him
16. Ore deposit
17. Ms. Braxton
18. Submarine instrument
19. To boot
20. Call out!
22. ___ Hilfiger of fashion
24. Montreal smoked meat serving component: 2 wds.
26. Canada's 14th Prime Minister, ___ B. Pearson
29. Increases
30. Ms. Fisher of "Wedding Crashers" (2005)
32. Charlemagne's realm [acronym]
33. Outlying
35. Where Lloyd and Harry are headed in road trip comedy "Dumb and Dumber" (1994)
36. Dutch city
37. Calgary-born architect of the Canadian Museum of History in Gatineau, Quebec
41. 'Guitar' suffix
42. Contribution to the conversation
43. These: French
44. City in Kyrgyzstan
45. Prince hit
46. Canadian actor



- Mr. Bennett
48. "Somewhere in Time" (1980) star Christopher's
50. Post cereal, ___ Wheat
55. Old Rome monthly calendar date
57. Consequence
58. Ballerina's skirt

60. Historic immigration site, ___ Island
62. Ancient war god
63. 'Symptom' suffix
64. Accomplish, archaically
65. Rose
66. Speed of sound, ___ 1
67. Info in sports

- articles
68. Inflates

DOWN

1. Express
2. Stand-in
3. Small quantity
4. Village in western Saskatchewan about an hour southeast of

- Lloydminster
5. Floral arrangements
6. Bouquet beckoner
7. Job application's li'l 9-digit info
8. Perfectly: 2 wds. + letter
9. Paperwork filler-

- outer in order to participate
10. Loudly shuts the door
11. "___ Pam" by The Beatles
12. BCs-following dates
13. Modern
21. Alsatian artist Jean
23. 1972 Billy Paul hit: "___ Mrs. Jones"
25. Talk over
27. Richard Wagner aria: "___ Warning"
28. Whirl
31. De-gorged the gum
33. Bob of Broadway
34. Bona fide
35. Some slitherers
37. Christian of luxury fashion
38. Compare
39. Ground liquor-ice-tasting ingredients in biscotti
40. Tim Hortons beverage now available in a bottled version in grocery stores: 2 wds.
46. Pie parts
47. Tennis term
49. Give a guarantee
51. Lift at the docks
52. Andrea ___ (1956 sinking ocean liner)
53. Alter text
54. Work stations
56. Vending machine opening
58. Glaswegian's hat
59. Theatre actress Ms. Hagen
61. Rural roaming realm

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Try to avoid disputes about money and possessions today, because they will be brief but nasty. At least they will be over quickly. Hang in there.

Taurus April 21 - May 21
Tread carefully today because people's emotions are volatile! It's easy to get upset with others or suddenly have an argument. (This especially applies to close friends and partners.)

Gemini May 22 - June 21
You might be doing a slow boil behind the scenes for some reason today. Do your best to just let it pass. Things will get worse if you make a big deal about them.

Cancer June 22 - July 23
(June 21 to July 22)
An argument with a friend, especially a female acquaintance, might break out today. Just remember: Patience is the antidote to anger. Remedy: Generously apply patience.

Leo July 24 - Aug. 23
Squabbles with parents, bosses and authority figures are hard to avoid today. (This includes the police.) But who needs this? Not you. Therefore, zip thy lip.

Virgo Aug. 24 - Sept. 23
Avoid controversial subjects like politics, religion and racial issues today, because they will quickly deteriorate into a nasty argument. Forewarned is forearmed.

Libra Sept. 24 - Oct. 23
This is not an ideal day to discuss inheritances or how to divide or share something, because it will be tough to reach an agreement. Postpone this discussion for another day.

Scorpio Oct. 24 - Nov. 22
With Mars in your sign now, you are feisty! (Scorpio is never a wimp.) Use diplomacy and patience when dealing with partners and close friends — for the sake of everyone.

Sagittarius Nov. 23 - Dec. 21
An argument with someone at work might break out today. Remember your long-term objective, which is that you want to get along with these people in the future, right? Connect the dots.

Capricorn Dec. 22 - Jan. 20
Parents will have to be patient with children today, because hissy fits and meltdowns are likely. Romantic partners must be patient with each other as well.

Aquarius Jan. 21 - Feb. 19
Avoid domestic arguments today. Get out of the house and wait till this volatile influence passes. Oy!

Pisces
Feb. 20 - March 20
Discussions with siblings, relatives and neighbours could be challenging today, because someone is looking for a fight. Do what you can to keep the peace and make your life easier.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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